

第323回 月例湘南マラソン記録表

2004年8月1日(日) 午前8時現在 天気:晴れ
 風向=南 風速=5m 気温=27.3 (以上 辻堂) 湿度=69%(横浜)

連続賞 (60回で一巡、一巡のみ)

- (1) 5回 = ゼッケン入りランニングシャツ
- (2) 10回 = スポーツタオル
- (3) 20回 = 四つ切りパネル写真
- (4) 40回 = ゼッケン入りランニングシャツ
- (5) 60回 = 記念楯



通算賞 (連続賞の5回、10回、20回、40回受賞者を除く)

- (1) 10回 = ゼッケン入りランニングシャツ
- (2) 20回 = スポーツタオル
- (3) 40回 = 四つ切りパネル写真
- (4) 60回 = ゼッケン入りランニングシャツ
- (5) 80回 = 大型パネル
- (6) 100回 = 写真入り図書カード
- (7) 150回 = ゼッケン入りランニングシャツとパンツ (希望するデザインを承ります。本部まで)
- (8) 200回 = ランニングシューズ

連続 5回

| NO | 氏名 | 年齢 | 通算 |
|-------|----|----|----|
| 11264 | | 34 | 6 |
| 11368 | | 24 | 5 |
| 11371 | | 31 | 5 |
| 11372 | | 4 | 5 |
| 11375 | | 31 | 5 |
| 11376 | | 31 | 5 |
| 11380 | | 44 | 5 |

連続 10回

| NO | 氏名 | 年齢 | 通算 |
|-------|----|----|----|
| 11115 | | 52 | 10 |
| 11125 | | 44 | 10 |
| 11127 | | 8 | 10 |
| 11128 | | 44 | 10 |
| 11138 | | 39 | 10 |
| 11164 | | 7 | 10 |

連続 20回

| NO | 氏名 | 年齢 | 通算 |
|-------|----|----|----|
| 10126 | | 10 | 24 |

連続 40回

| NO | 氏名 | 年齢 | 通算 |
|-------|----|----|----|
| 10016 | | 7 | 40 |

通算 10回

| NO | 氏名 | 年齢 | 連続 |
|-------|----|----|----|
| 10942 | | 36 | 2 |
| 10944 | | 6 | 2 |

通算 20回

| NO | 氏名 | 年齢 | 連続 |
|-------|----|----|----|
| 6443 | | 57 | 2 |
| 6510 | | 41 | 2 |
| 8220 | | 46 | 1 |
| 9145 | | 49 | 2 |
| 9233 | | 52 | 2 |
| 10007 | | 43 | 2 |

通算 40回

| NO | 氏名 | 年齢 | 連続 |
|------|----|----|----|
| 7677 | | 48 | 3 |
| 9465 | | 38 | 1 |
| 9868 | | 46 | 1 |

通算 80回

| NO | 氏名 | 年齢 | 連続 |
|------|----|----|----|
| 7897 | | 64 | 7 |

通算 100回

| NO | 氏名 | 年齢 | 連続 |
|------|----|----|----|
| 2806 | | 72 | 2 |
| 6848 | | 42 | 1 |
| 7684 | | 65 | 2 |

*** 棄権 ***

| NO | 氏名 | 年齢 | 通算 | 連続 |
|-------|----|----|-----|-----|
| 106 | | 59 | 308 | 308 |
| 440 | | 65 | 146 | 1 |
| 575 | | 52 | 243 | 49 |
| 854 | | 55 | 186 | 5 |
| 1028 | | 65 | 246 | 228 |
| 1674 | | 53 | 227 | 225 |
| 1847 | | 64 | 226 | 226 |
| 2007 | | 65 | 202 | 2 |
| 2820 | | 64 | 209 | 209 |
| 2858 | | 58 | 74 | 2 |
| 3217 | | 69 | 197 | 187 |
| 3728 | | 52 | 77 | 3 |
| 4044 | | 60 | 175 | 2 |
| 4605 | | 61 | 167 | 15 |
| 7119 | | 29 | 106 | 2 |
| 8687 | | 47 | 89 | 85 |
| 9362 | | 51 | 58 | 9 |
| 10007 | | 43 | 20 | 2 |
| 10161 | | 26 | 38 | 24 |
| 10566 | | 33 | 23 | 22 |
| 10818 | | 38 | 18 | 18 |
| 11090 | | 16 | 11 | 11 |
| 11189 | | 55 | 8 | 7 |
| 11191 | | 50 | 7 | 2 |
| 11474 | | 26 | 3 | 3 |

*** ファミリー ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|------|----|----|
| 1 | 11561 | | 4 | 8.24 | 1 | 1 |

*** 1km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|------|-----|-----|
| 1 | 9730 | | 44 | 3.24 | 30 | 5 |
| 2 | 3651 | | 25 | 3.28 | 160 | 1 |
| 3 | 9577 | | 44 | 3.29 | 51 | 2 |
| 4 | 7331 | | 15 | 3.33 | 99 | 2 |
| 5 | 10561 | | 34 | 3.56 | 21 | 17 |
| 6 | 3459 | | 18 | 4.13 | 113 | 4 |
| 7 | 11128 | | 44 | 4.16 | 10 | 10 |
| 8 | 9069 | | 10 | 4.31 | 73 | 58 |
| 9 | 10836 | | 28 | 4.57 | 13 | 2 |
| 10 | 10125 | | 41 | 5.11 | 21 | 2 |
| 11 | 11506 | | 10 | 5.11 | 2 | 2 |
| 12 | 11360 | | 7 | 5.13 | 3 | 1 |
| 13 | 11553 | | 53 | 5.13 | 1 | 1 |
| 14 | 10943 | | 9 | 5.14 | 9 | 2 |
| 15 | 9985 | | 58 | 5.16 | 38 | 6 |
| 16 | 9941 | | 10 | 5.29 | 25 | 2 |
| 17 | 9661 | | 8 | 5.33 | 55 | 55 |
| 18 | 10944 | | 6 | 5.34 | 10 | 2 |
| 19 | 11163 | | 38 | 5.35 | 8 | 4 |
| 20 | 11164 | | 7 | 5.36 | 10 | 10 |
| 21 | 9660 | | 36 | 5.46 | 43 | 16 |
| 22 | 9735 | | 11 | 5.47 | 33 | 2 |
| 23 | 11219 | | 51 | 5.57 | 8 | 8 |
| 24 | 11345 | | 7 | 6.01 | 6 | 6 |
| 25 | 10226 | | 8 | 6.04 | 9 | 1 |
| 26 | 10942 | | 36 | 6.06 | 10 | 2 |
| 27 | 10620 | | 46 | 6.06 | 3 | 1 |
| 28 | 8387 | | 64 | 6.08 | 54 | 46 |
| 29 | 10610 | | 7 | 6.10 | 24 | 24 |
| 30 | 4563 | | 41 | 6.10 | 29 | 2 |
| 31 | 1072 | | 55 | 6.11 | 247 | 247 |
| 32 | 10115 | | 6 | 6.14 | 9 | 2 |
| 33 | 10849 | | 6 | 6.19 | 17 | 17 |
| 34 | 11284 | | 6 | 6.20 | 3 | 2 |
| 35 | 10349 | | 7 | 6.26 | 33 | 33 |
| 36 | 10271 | | 8 | 6.30 | 35 | 34 |
| 37 | 11522 | | 6 | 6.32 | 2 | 2 |
| 38 | 10588 | | 4 | 6.33 | 11 | 2 |
| 39 | 11450 | | 5 | 6.36 | 3 | 2 |
| 40 | 4811 | | 64 | 6.40 | 102 | 1 |
| 41 | 11562 | | 10 | 6.41 | 1 | 1 |
| 42 | 11283 | | 8 | 6.42 | 7 | 7 |
| 43 | 10155 | | 32 | 6.44 | 37 | 30 |
| 44 | 11127 | | 8 | 6.45 | 10 | 10 |
| 45 | 11125 | | 44 | 6.46 | 10 | 10 |
| 46 | 9774 | | 8 | 6.49 | 31 | 2 |
| 47 | 9866 | | 41 | 6.51 | 14 | 2 |
| 48 | 11449 | | 33 | 7.02 | 3 | 2 |
| 49 | 10564 | | 6 | 7.04 | 12 | 2 |
| 50 | 8253 | | 60 | 7.04 | 65 | 2 |
| 51 | 10386 | | 6 | 7.11 | 30 | 22 |
| 52 | 10869 | | 60 | 7.25 | 17 | 17 |
| 53 | 11051 | | 4 | 7.28 | 10 | 2 |
| 54 | 8084 | | 40 | 7.29 | 52 | 2 |
| 55 | 11372 | | 4 | 7.35 | 5 | 5 |

*** 1km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|-------|-----|-----|
| 56 | 10270 | | 11 | 7.38 | 35 | 34 |
| 57 | 11563 | | 7 | 7.43 | 1 | 1 |
| 58 | 11035 | | 38 | 7.44 | 7 | 1 |
| 59 | 11285 | | 4 | 8.16 | 3 | 2 |
| 60 | 11286 | | 34 | 8.16 | 3 | 2 |
| 61 | 4395 | | 78 | 8.32 | 14 | 2 |
| 62 | 366 | | 60 | 8.36 | 162 | 4 |
| 63 | 11346 | | 4 | 9.07 | 6 | 6 |
| 64 | 11171 | | 5 | 9.44 | 7 | 2 |
| 65 | 11521 | | 29 | 9.45 | 2 | 2 |
| 66 | 11211 | | 23 | 9.45 | 6 | 2 |
| 67 | 11501 | | 42 | 9.56 | 2 | 2 |
| 68 | 10852 | | 6 | 10.42 | 17 | 17 |
| 69 | 11451 | | 4 | 10.43 | 2 | 1 |
| 70 | 11554 | | 6 | 10.44 | 1 | 1 |
| 71 | 1959 | | 89 | 11.27 | 223 | 223 |

*** 3km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|-------|-----|-----|
| 1 | 11473 | | 36 | 10.18 | 3 | 3 |
| 2 | 10166 | | 37 | 10.40 | 22 | 4 |
| 3 | 7677 | | 48 | 11.10 | 40 | 3 |
| 4 | 10085 | | 34 | 11.12 | 26 | 2 |
| 5 | 10781 | | 62 | 11.39 | 19 | 19 |
| 6 | 2504 | | 49 | 11.48 | 193 | 105 |
| 7 | 6116 | | 50 | 11.57 | 52 | 8 |
| 8 | 6631 | | 17 | 11.58 | 47 | 3 |
| 9 | 4247 | | 49 | 12.12 | 30 | 2 |
| 10 | 4562 | | 41 | 12.43 | 35 | 2 |
| 11 | 8099 | | 40 | 12.43 | 104 | 104 |
| 12 | 4262 | | 43 | 12.53 | 86 | 2 |
| 13 | 11541 | | 29 | 12.58 | 1 | 1 |
| 14 | 11123 | | 46 | 13.26 | 8 | 6 |
| 15 | 10986 | | 41 | 13.45 | 12 | 2 |
| 16 | 2202 | | 65 | 13.47 | 199 | 2 |
| 17 | 3891 | | 65 | 13.59 | 97 | 2 |
| 18 | 5701 | | 54 | 14.17 | 124 | 1 |
| 19 | 2831 | | 46 | 14.19 | 133 | 1 |
| 20 | 7171 | | 60 | 14.20 | 106 | 2 |
| 21 | 5053 | | 58 | 14.22 | 155 | 154 |
| 22 | 328 | | 57 | 14.42 | 178 | 4 |
| 23 | 11218 | | 51 | 14.44 | 8 | 8 |
| 24 | 11020 | | 28 | 14.48 | 12 | 12 |
| 25 | 1150 | | 60 | 14.52 | 199 | 2 |
| 26 | 2808 | | 38 | 14.57 | 170 | 1 |
| 27 | 3761 | | 58 | 14.59 | 76 | 9 |
| 28 | 377 | | 48 | 15.04 | 6 | 2 |
| 29 | 11327 | | 36 | 15.09 | 5 | 3 |
| 30 | 6277 | | 52 | 15.10 | 123 | 9 |
| 31 | 10458 | | 32 | 15.21 | 11 | 1 |
| 32 | 7943 | | 51 | 15.31 | 58 | 2 |
| 33 | 879 | | 38 | 15.42 | 57 | 1 |
| 34 | 9138 | | 53 | 15.50 | 74 | 74 |
| 35 | 9233 | | 52 | 15.51 | 20 | 2 |

*** 3km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|-------|-----|-----|
| 36 | 9978 | | 12 | 15.52 | 28 | 2 |
| 37 | 11540 | | 27 | 16.03 | 1 | 1 |
| 38 | 11508 | | 27 | 16.05 | 2 | 2 |
| 39 | 6443 | | 57 | 16.06 | 20 | 2 |
| 40 | 3406 | | 57 | 16.11 | 184 | 1 |
| 41 | 11369 | | 42 | 16.12 | 4 | 3 |
| 42 | 4993 | | 59 | 16.13 | 147 | 3 |
| 43 | 5613 | | 64 | 16.13 | 99 | 17 |
| 44 | 11435 | | 30 | 16.15 | 3 | 2 |
| 45 | 11505 | | 11 | 16.29 | 2 | 2 |
| 46 | 8159 | | 60 | 16.30 | 78 | 2 |
| 47 | 6892 | | 50 | 16.46 | 25 | 2 |
| 48 | 11504 | | 42 | 16.55 | 2 | 2 |
| 49 | 7838 | | 54 | 17.05 | 109 | 41 |
| 50 | 11226 | | 50 | 17.15 | 5 | 1 |
| 51 | 11209 | | 35 | 17.20 | 5 | 1 |
| 52 | 10779 | | 10 | 17.21 | 19 | 19 |
| 53 | 2010 | | 54 | 17.32 | 37 | 35 |
| 54 | 11370 | | 9 | 17.36 | 4 | 3 |
| 55 | 10729 | | 34 | 17.40 | 11 | 2 |
| 56 | 10683 | | 69 | 17.41 | 22 | 22 |
| 57 | 11503 | | 33 | 17.47 | 2 | 2 |
| 58 | 9950 | | 9 | 17.54 | 45 | 45 |
| 59 | 9980 | | 41 | 17.59 | 43 | 38 |
| 60 | 11542 | | 27 | 18.00 | 1 | 1 |
| 61 | 7081 | | 49 | 18.00 | 29 | 2 |
| 62 | 11502 | | 48 | 18.06 | 2 | 2 |
| 63 | 1804 | | 57 | 18.09 | 136 | 1 |
| 64 | 11460 | | 27 | 18.20 | 3 | 3 |
| 65 | 11478 | | 26 | 18.24 | 2 | 2 |
| 66 | 6364 | | 67 | 18.27 | 120 | 2 |
| 67 | 4521 | | 63 | 18.31 | 144 | 2 |
| 68 | 11477 | | 62 | 18.34 | 2 | 2 |
| 69 | 2806 | | 72 | 18.36 | 100 | 2 |
| 70 | 11108 | | 31 | 18.37 | 11 | 11 |
| 71 | 10984 | | 41 | 18.40 | 14 | 14 |
| 72 | 10365 | | 28 | 18.46 | 33 | 33 |
| 73 | 9979 | | 11 | 18.50 | 27 | 2 |
| 74 | 10126 | | 10 | 19.02 | 24 | 20 |
| 75 | 6848 | | 42 | 19.04 | 100 | 1 |
| 76 | 7535 | | 58 | 19.05 | 91 | 5 |
| 77 | 1995 | | 70 | 19.13 | 199 | 2 |
| 78 | 11155 | | 36 | 19.19 | 6 | 1 |
| 79 | 522 | | 61 | 19.27 | 55 | 1 |
| 80 | 7561 | | 56 | 19.36 | 99 | 14 |
| 81 | 10846 | | 45 | 19.41 | 16 | 9 |
| 82 | 6048 | | 40 | 19.49 | 50 | 2 |
| 83 | 5954 | | 14 | 19.55 | 13 | 2 |
| 84 | 2494 | | 62 | 20.37 | 163 | 7 |
| 85 | 1400 | | 69 | 20.39 | 218 | 1 |
| 86 | 8129 | | 52 | 21.25 | 105 | 105 |
| 87 | 10016 | | 7 | 21.39 | 40 | 40 |
| 88 | 11525 | | 45 | 21.51 | 1 | 1 |
| 89 | 11059 | | 37 | 21.56 | 11 | 11 |
| 90 | 11524 | | 28 | 21.59 | 1 | 1 |
| 91 | 7842 | | 45 | 22.06 | 88 | 2 |
| 92 | 11003 | | 10 | 22.07 | 4 | 2 |

*** 5km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|-------|-----|-----|
| 1 | 10911 | | 22 | 17.06 | 2 | 1 |
| 2 | 11565 | | 18 | 17.33 | 1 | 1 |
| 3 | 5679 | | 30 | 17.47 | 65 | 2 |
| 4 | 11514 | | 29 | 17.57 | 2 | 2 |
| 5 | 2874 | | 41 | 18.33 | 166 | 4 |
| 6 | 7532 | | 30 | 18.59 | 41 | 2 |
| 7 | 10589 | | 29 | 19.22 | 7 | 1 |
| 8 | 8433 | | 39 | 19.31 | 62 | 2 |
| 9 | 10216 | | 41 | 19.46 | 24 | 4 |
| 10 | 11566 | | 24 | 20.01 | 1 | 1 |
| 11 | 11316 | | 30 | 20.05 | 6 | 6 |
| 12 | 11558 | | 37 | 20.16 | 1 | 1 |
| 13 | 8785 | | 55 | 20.17 | 48 | 1 |
| 14 | 3370 | | 49 | 20.20 | 134 | 5 |
| 15 | 4634 | | 55 | 20.26 | 168 | 144 |
| 16 | 10145 | | 24 | 20.30 | 32 | 2 |
| 17 | 11537 | | 30 | 20.39 | 1 | 1 |
| 18 | 11535 | | 27 | 21.16 | 1 | 1 |
| 19 | 11102 | | 23 | 21.18 | 7 | 2 |
| 20 | 10615 | | 54 | 21.21 | 17 | 2 |
| 21 | 7418 | | 21 | 21.23 | 112 | 2 |
| 22 | 11532 | | 20 | 21.36 | 1 | 1 |
| 23 | 9424 | | 37 | 21.43 | 63 | 29 |
| 24 | 2009 | | 56 | 21.48 | 16 | 1 |
| 25 | 10432 | | 29 | 21.57 | 14 | 2 |
| 26 | 11536 | | 51 | 22.29 | 1 | 1 |
| 27 | 1927 | | 56 | 22.32 | 198 | 2 |
| 28 | 6169 | | 58 | 22.35 | 41 | 2 |
| 29 | 11530 | | 48 | 22.40 | 1 | 1 |
| 30 | 10512 | | 29 | 22.44 | 16 | 12 |
| 31 | 10449 | | 48 | 22.51 | 27 | 26 |
| 32 | 11154 | | 41 | 22.56 | 7 | 1 |
| 33 | 11550 | | 30 | 22.57 | 1 | 1 |
| 34 | 11545 | | 48 | 22.59 | 1 | 1 |
| 35 | 11509 | | 26 | 23.08 | 2 | 2 |
| 36 | 9464 | | 49 | 23.24 | 35 | 2 |
| 37 | 11513 | | 53 | 23.29 | 2 | 2 |
| 38 | 11332 | | 40 | 23.32 | 6 | 6 |
| 39 | 10646 | | 30 | 23.35 | 23 | 23 |
| 40 | 11472 | | 49 | 23.44 | 2 | 1 |
| 41 | 11523 | | 25 | 23.45 | 2 | 2 |
| 42 | 9905 | | 57 | 23.47 | 14 | 3 |
| 43 | 10576 | | 57 | 23.51 | 25 | 25 |
| 44 | 510 | | 56 | 23.53 | 249 | 14 |
| 45 | 11076 | | 39 | 24.04 | 6 | 3 |
| 46 | 11538 | | 22 | 24.17 | 1 | 1 |
| 47 | 11337 | | 44 | 24.19 | 5 | 2 |
| 48 | 2868 | | 65 | 24.19 | 170 | 48 |
| 49 | 10339 | | 44 | 24.26 | 7 | 2 |
| 50 | 7636 | | 54 | 24.29 | 85 | 2 |
| 51 | 3666 | | 44 | 24.29 | 54 | 2 |
| 52 | 7055 | | 63 | 24.30 | 67 | 2 |
| 53 | 3308 | | 62 | 24.34 | 199 | 199 |
| 54 | 772 | | 59 | 24.38 | 258 | 258 |
| 55 | 7007 | | 44 | 24.43 | 85 | 1 |
| 56 | 10146 | | 38 | 24.44 | 25 | 2 |
| 57 | 9144 | | 54 | 24.57 | 19 | 2 |
| 58 | 7144 | | 54 | 24.57 | 98 | 4 |
| 59 | 8305 | | 31 | 24.58 | 76 | 1 |
| 60 | 3061 | | 56 | 25.01 | 113 | 2 |

*** 5km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|-----|-------|----|----|-------|-----|-----|
| 61 | 11544 | | 37 | 25.07 | 1 | 1 |
| 62 | 11324 | | 27 | 25.10 | 3 | 1 |
| 63 | 10009 | | 44 | 25.13 | 19 | 4 |
| 64 | 11476 | | 37 | 25.14 | 2 | 1 |
| 65 | 9939 | | 51 | 25.15 | 32 | 2 |
| 66 | 9465 | | 38 | 25.20 | 40 | 1 |
| 67 | 11498 | | 45 | 25.26 | 2 | 2 |
| 68 | 537 | | 52 | 25.29 | 266 | 10 |
| 69 | 7136 | | 52 | 25.32 | 91 | 1 |
| 70 | 11546 | | 42 | 25.33 | 1 | 1 |
| 71 | 10894 | | 26 | 25.34 | 9 | 1 |
| 72 | 11368 | | 24 | 25.35 | 5 | 5 |
| 73 | 11534 | | 52 | 25.41 | 1 | 1 |
| 74 | 5119 | | 59 | 25.42 | 77 | 2 |
| 75 | 7684 | | 65 | 25.45 | 100 | 2 |
| 76 | 10469 | | 54 | 25.51 | 21 | 2 |
| 77 | 11539 | | 29 | 25.53 | 1 | 1 |
| 78 | 5198 | | 50 | 26.02 | 105 | 5 |
| 79 | 11377 | | 31 | 26.10 | 2 | 1 |
| 80 | 9164 | | 45 | 26.10 | 47 | 2 |
| 81 | 10434 | | 27 | 26.13 | 14 | 2 |
| 82 | 9968 | | 56 | 26.15 | 41 | 3 |
| 83 | 11529 | | 28 | 26.19 | 1 | 1 |
| 84 | 7132 | | 50 | 26.24 | 75 | 1 |
| 85 | 6754 | | 63 | 26.25 | 106 | 21 |
| 86 | 10977 | | 65 | 26.26 | 13 | 11 |
| 87 | 9089 | | 32 | 26.27 | 75 | 75 |
| 88 | 11119 | | 30 | 26.35 | 8 | 2 |
| 89 | 10930 | | 50 | 26.35 | 12 | 3 |
| 90 | 11567 | | 26 | 26.37 | 1 | 1 |
| 91 | 10096 | | 64 | 26.38 | 21 | 2 |
| 92 | 7475 | | 56 | 26.46 | 76 | 2 |
| 93 | 11304 | | 24 | 26.47 | 2 | 1 |
| 94 | 11482 | | 46 | 26.56 | 2 | 2 |
| 95 | 9992 | | 44 | 26.58 | 39 | 13 |
| 96 | 11375 | | 31 | 27.00 | 5 | 5 |
| 97 | 9160 | | 64 | 27.01 | 49 | 2 |
| 98 | 10559 | | 33 | 27.05 | 7 | 1 |
| 99 | 6382 | | 50 | 27.06 | 118 | 2 |
| 100 | 11334 | | 36 | 27.14 | 4 | 1 |
| 101 | 3573 | | 63 | 27.14 | 117 | 1 |
| 102 | 11145 | | 61 | 27.18 | 8 | 2 |
| 103 | 246 | | 65 | 27.19 | 293 | 293 |
| 104 | 10737 | | 54 | 27.30 | 18 | 6 |
| 105 | 9898 | | 50 | 27.34 | 35 | 2 |
| 106 | 10109 | | 43 | 27.39 | 12 | 1 |
| 107 | 8750 | | 60 | 27.47 | 71 | 2 |
| 108 | 8738 | | 31 | 27.52 | 30 | 2 |
| 109 | 11418 | | 33 | 27.54 | 2 | 1 |
| 110 | 3814 | | 61 | 27.55 | 22 | 2 |
| 111 | 10153 | | 49 | 27.56 | 14 | 1 |
| 112 | 1621 | | 63 | 28.00 | 164 | 4 |
| 113 | 8128 | | 56 | 28.09 | 105 | 105 |
| 114 | 8984 | | 57 | 28.10 | 74 | 48 |
| 115 | 1930 | | 52 | 28.19 | 190 | 2 |
| 116 | 9397 | | 42 | 28.23 | 44 | 2 |
| 117 | 9869 | | 36 | 28.23 | 46 | 43 |
| 118 | 11371 | | 31 | 28.33 | 5 | 5 |
| 119 | 11430 | | 46 | 28.34 | 3 | 2 |
| 120 | 9791 | | 52 | 28.36 | 43 | 2 |

*** 5km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|-----|-------|----|----|-------|-----|-----|
| 121 | 11526 | | 22 | 28.44 | 1 | 1 |
| 122 | 11027 | | 26 | 28.49 | 10 | 2 |
| 123 | 2619 | | 57 | 29.02 | 138 | 1 |
| 124 | 3855 | | 71 | 29.13 | 95 | 2 |
| 125 | 11455 | | 47 | 29.41 | 3 | 2 |
| 126 | 11470 | | 24 | 29.42 | 3 | 3 |
| 127 | 6777 | | 64 | 29.45 | 95 | 2 |
| 128 | 8509 | | 54 | 29.47 | 57 | 2 |
| 129 | 7612 | | 50 | 29.50 | 105 | 1 |
| 130 | 8127 | | 56 | 29.55 | 105 | 105 |
| 131 | 6333 | | 54 | 29.59 | 103 | 2 |
| 132 | 6149 | | 65 | 29.59 | 140 | 140 |
| 133 | 5112 | | 69 | 30.00 | 154 | 19 |
| 134 | 399 | | 67 | 30.01 | 233 | 2 |
| 135 | 4139 | | 70 | 30.20 | 30 | 2 |
| 136 | 8922 | | 69 | 30.20 | 58 | 2 |
| 137 | 11481 | | 47 | 30.29 | 2 | 2 |
| 138 | 7722 | | 53 | 30.30 | 95 | 3 |
| 139 | 4231 | | 52 | 30.30 | 97 | 4 |
| 140 | 7035 | | 39 | 30.33 | 86 | 4 |
| 141 | 9145 | | 49 | 30.38 | 20 | 2 |
| 142 | 11428 | | 55 | 30.48 | 4 | 4 |
| 143 | 10702 | | 28 | 31.13 | 13 | 2 |
| 144 | 11115 | | 52 | 31.45 | 10 | 10 |
| 145 | 8118 | | 42 | 31.51 | 37 | 4 |
| 146 | 11392 | | 47 | 31.56 | 4 | 4 |
| 147 | 11006 | | 75 | 32.08 | 11 | 3 |
| 148 | 11239 | | 63 | 32.14 | 8 | 8 |
| 149 | 10639 | | 47 | 32.25 | 12 | 5 |
| 150 | 3353 | | 59 | 32.27 | 195 | 102 |
| 151 | 10976 | | 45 | 32.31 | 10 | 1 |
| 152 | 10336 | | 27 | 32.33 | 4 | 2 |
| 153 | 11548 | | 29 | 32.45 | 1 | 1 |
| 154 | 11560 | | 7 | 32.49 | 1 | 1 |
| 155 | 11559 | | 35 | 32.49 | 1 | 1 |
| 156 | 11405 | | 37 | 33.21 | 4 | 4 |
| 157 | 9172 | | 50 | 33.30 | 24 | 1 |
| 158 | 2628 | | 69 | 33.45 | 154 | 1 |
| 159 | 11429 | | 44 | 34.02 | 3 | 1 |
| 160 | 7742 | | 66 | 34.22 | 110 | 2 |
| 161 | 6035 | | 65 | 34.45 | 114 | 1 |
| 162 | 10629 | | 34 | 34.49 | 7 | 3 |
| 163 | 11390 | | 57 | 35.19 | 4 | 4 |
| 164 | 11250 | | 55 | 36.11 | 6 | 4 |
| 165 | 11531 | | 31 | 37.20 | 1 | 1 |
| 166 | 5840 | | 78 | 38.16 | 121 | 36 |
| 167 | 10924 | | 47 | 38.53 | 9 | 2 |
| 168 | 9659 | | 53 | 38.57 | 54 | 53 |
| 169 | 6922 | | 55 | 38.57 | 112 | 24 |

*** 10km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|----|-------|----|----|-------|-----|-----|
| 1 | 5680 | | 30 | 35.17 | 48 | 1 |
| 2 | 11555 | | 29 | 39.06 | 1 | 1 |
| 3 | 11181 | | 26 | 39.30 | 3 | 1 |
| 4 | 11527 | | 32 | 40.13 | 1 | 1 |
| 5 | 10303 | | 28 | 40.13 | 22 | 2 |
| 6 | 10108 | | 48 | 40.23 | 17 | 3 |
| 7 | 304 | | 36 | 40.34 | 72 | 2 |
| 8 | 10443 | | 46 | 40.36 | 14 | 1 |
| 9 | 5009 | | 53 | 40.39 | 109 | 1 |
| 10 | 7268 | | 42 | 40.40 | 122 | 122 |
| 11 | 9237 | | 38 | 41.04 | 24 | 4 |
| 12 | 6630 | | 43 | 41.04 | 92 | 2 |
| 13 | 4630 | | 55 | 41.33 | 143 | 7 |
| 14 | 10421 | | 28 | 41.47 | 26 | 5 |
| 15 | 9624 | | 57 | 42.16 | 9 | 1 |
| 16 | 11049 | | 39 | 42.28 | 5 | 4 |
| 17 | 6808 | | 52 | 42.31 | 97 | 5 |
| 18 | 11264 | | 34 | 42.44 | 6 | 5 |
| 19 | 6510 | | 41 | 42.46 | 20 | 2 |
| 20 | 10728 | | 44 | 42.58 | 12 | 2 |
| 21 | 10195 | | 35 | 43.01 | 23 | 2 |
| 22 | 10987 | | 44 | 43.04 | 9 | 1 |
| 23 | 9740 | | 42 | 43.09 | 33 | 2 |
| 24 | 10431 | | 33 | 43.38 | 17 | 1 |
| 25 | 11547 | | 34 | 43.52 | 1 | 1 |
| 26 | 3081 | | 56 | 43.57 | 171 | 27 |
| 27 | 5388 | | 62 | 44.00 | 46 | 2 |
| 28 | 10563 | | 37 | 44.05 | 12 | 2 |
| 29 | 11019 | | 27 | 44.15 | 12 | 12 |
| 30 | 11007 | | 19 | 44.22 | 2 | 1 |
| 31 | 7071 | | 62 | 44.24 | 39 | 2 |
| 32 | 8881 | | 59 | 44.29 | 76 | 6 |
| 33 | 9799 | | 53 | 44.33 | 51 | 51 |
| 34 | 5137 | | 51 | 44.46 | 129 | 56 |
| 35 | 450 | | 55 | 44.51 | 42 | 8 |
| 36 | 8301 | | 59 | 44.57 | 17 | 4 |
| 37 | 11452 | | 51 | 45.05 | 4 | 4 |
| 38 | 11518 | | 47 | 45.09 | 2 | 2 |
| 39 | 11510 | | 27 | 45.14 | 2 | 2 |
| 40 | 10813 | | 58 | 45.23 | 18 | 6 |
| 41 | 3712 | | 43 | 45.34 | 32 | 1 |
| 42 | 1502 | | 61 | 45.39 | 222 | 6 |
| 43 | 5759 | | 57 | 45.40 | 105 | 52 |
| 44 | 7381 | | 57 | 45.48 | 89 | 4 |
| 45 | 11320 | | 54 | 45.59 | 6 | 6 |
| 46 | 8249 | | 60 | 46.09 | 49 | 10 |
| 47 | 11557 | | 36 | 46.14 | 1 | 1 |
| 48 | 11107 | | 36 | 46.41 | 11 | 11 |
| 49 | 7621 | | 37 | 46.51 | 113 | 72 |
| 50 | 7023 | | 59 | 47.01 | 73 | 2 |
| 51 | 1944 | | 60 | 47.07 | 188 | 1 |
| 52 | 11551 | | 32 | 47.15 | 1 | 1 |
| 53 | 9454 | | 48 | 47.18 | 44 | 18 |
| 54 | 10795 | | 40 | 47.19 | 11 | 1 |
| 55 | 11280 | | 36 | 47.20 | 7 | 7 |
| 56 | 2458 | | 60 | 47.23 | 206 | 2 |
| 57 | 9916 | | 41 | 47.35 | 14 | 2 |
| 58 | 10504 | | 53 | 47.38 | 19 | 11 |
| 59 | 7922 | | 68 | 47.40 | 99 | 1 |
| 60 | 11408 | | 31 | 47.42 | 4 | 4 |

*** 10km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|-----|-------|----|----|-------|-----|-----|
| 61 | 9868 | | 46 | 47.46 | 40 | 1 |
| 62 | 10301 | | 33 | 47.48 | 2 | 1 |
| 63 | 6425 | | 47 | 47.53 | 45 | 2 |
| 64 | 11048 | | 40 | 47.56 | 4 | 2 |
| 65 | 8593 | | 61 | 48.01 | 87 | 6 |
| 66 | 11058 | | 38 | 48.07 | 8 | 3 |
| 67 | 10128 | | 45 | 48.14 | 39 | 39 |
| 68 | 9615 | | 42 | 48.19 | 26 | 5 |
| 69 | 11376 | | 31 | 48.28 | 5 | 5 |
| 70 | 9524 | | 37 | 48.29 | 57 | 27 |
| 71 | 11138 | | 39 | 48.33 | 10 | 10 |
| 72 | 6932 | | 57 | 48.39 | 53 | 2 |
| 73 | 11549 | | 39 | 48.52 | 1 | 1 |
| 74 | 5179 | | 54 | 48.54 | 116 | 16 |
| 75 | 9129 | | 62 | 49.05 | 71 | 3 |
| 76 | 10064 | | 40 | 49.06 | 40 | 30 |
| 77 | 4725 | | 53 | 49.23 | 143 | 5 |
| 78 | 11323 | | 43 | 49.26 | 6 | 6 |
| 79 | 9934 | | 38 | 49.43 | 24 | 1 |
| 80 | 8754 | | 65 | 49.49 | 51 | 5 |
| 81 | 11564 | | 42 | 49.55 | 1 | 1 |
| 82 | 525 | | 44 | 50.02 | 163 | 1 |
| 83 | 4918 | | 56 | 50.06 | 8 | 1 |
| 84 | 11556 | | 26 | 50.12 | 1 | 1 |
| 85 | 10780 | | 44 | 50.16 | 16 | 2 |
| 86 | 7537 | | 60 | 50.17 | 83 | 1 |
| 87 | 9625 | | 56 | 50.25 | 9 | 1 |
| 88 | 11291 | | 60 | 50.28 | 7 | 7 |
| 89 | 6549 | | 54 | 50.30 | 97 | 1 |
| 90 | 4254 | | 56 | 50.31 | 123 | 41 |
| 91 | 10735 | | 52 | 50.41 | 19 | 11 |
| 92 | 2184 | | 61 | 50.52 | 211 | 6 |
| 93 | 10932 | | 34 | 51.00 | 6 | 1 |
| 94 | 9719 | | 37 | 51.06 | 42 | 2 |
| 95 | 11552 | | 59 | 51.09 | 1 | 1 |
| 96 | 10429 | | 47 | 51.10 | 22 | 1 |
| 97 | 2227 | | 64 | 51.21 | 122 | 2 |
| 98 | 10246 | | 56 | 51.23 | 36 | 36 |
| 99 | 7624 | | 60 | 51.27 | 114 | 114 |
| 100 | 9682 | | 44 | 51.30 | 49 | 15 |
| 101 | 10931 | | 37 | 51.40 | 5 | 1 |
| 102 | 11071 | | 62 | 51.48 | 10 | 9 |
| 103 | 7440 | | 65 | 52.01 | 112 | 1 |
| 104 | 10185 | | 51 | 52.08 | 38 | 38 |
| 105 | 8421 | | 56 | 52.09 | 59 | 4 |
| 106 | 10238 | | 60 | 52.16 | 27 | 5 |
| 107 | 8010 | | 52 | 52.32 | 74 | 7 |
| 108 | 3034 | | 45 | 52.35 | 54 | 2 |
| 109 | 10933 | | 52 | 52.37 | 13 | 7 |
| 110 | 2168 | | 57 | 52.40 | 128 | 2 |
| 111 | 11199 | | 39 | 52.41 | 8 | 2 |
| 112 | 857 | | 59 | 52.45 | 209 | 2 |
| 113 | 11379 | | 57 | 52.47 | 4 | 3 |
| 114 | 11378 | | 60 | 52.48 | 4 | 3 |
| 115 | 3912 | | 55 | 52.51 | 160 | 1 |
| 116 | 9088 | | 58 | 53.09 | 61 | 2 |
| 117 | 7630 | | 50 | 53.14 | 78 | 1 |
| 118 | 11029 | | 39 | 53.29 | 12 | 12 |
| 119 | 2315 | | 55 | 53.32 | 90 | 2 |
| 120 | 2887 | | 61 | 53.33 | 196 | 84 |

*** 10km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|-----|-------|----|----|-------|-----|-----|
| 121 | 4071 | | 50 | 53.34 | 90 | 3 |
| 122 | 6728 | | 41 | 53.34 | 50 | 3 |
| 123 | 3978 | | 55 | 53.35 | 58 | 1 |
| 124 | 10996 | | 40 | 53.37 | 10 | 3 |
| 125 | 8605 | | 56 | 53.51 | 68 | 2 |
| 126 | 8199 | | 55 | 53.53 | 99 | 9 |
| 127 | 10366 | | 73 | 53.59 | 25 | 16 |
| 128 | 4274 | | 56 | 54.01 | 172 | 25 |
| 129 | 10637 | | 38 | 54.14 | 12 | 1 |
| 130 | 4587 | | 61 | 54.20 | 172 | 172 |
| 131 | 10419 | | 64 | 54.20 | 27 | 2 |
| 132 | 8302 | | 61 | 54.22 | 28 | 3 |
| 133 | 1132 | | 57 | 54.23 | 81 | 14 |
| 134 | 11394 | | 42 | 54.24 | 4 | 4 |
| 135 | 814 | | 61 | 54.26 | 201 | 13 |
| 136 | 10916 | | 60 | 54.30 | 5 | 1 |
| 137 | 10116 | | 52 | 54.38 | 37 | 28 |
| 138 | 10571 | | 59 | 54.53 | 25 | 10 |
| 139 | 11512 | | 42 | 54.56 | 2 | 2 |
| 140 | 5860 | | 45 | 54.59 | 124 | 51 |
| 141 | 7749 | | 61 | 55.00 | 89 | 7 |
| 142 | 11511 | | 22 | 55.05 | 2 | 2 |
| 143 | 11533 | | 20 | 55.07 | 1 | 1 |
| 144 | 9668 | | 43 | 55.11 | 11 | 1 |
| 145 | 2557 | | 63 | 55.19 | 206 | 204 |
| 146 | 10842 | | 66 | 55.28 | 14 | 2 |
| 147 | 9341 | | 45 | 55.56 | 59 | 2 |
| 148 | 9976 | | 55 | 56.16 | 23 | 18 |
| 149 | 8531 | | 57 | 56.16 | 82 | 3 |
| 150 | 10118 | | 52 | 56.19 | 13 | 1 |
| 151 | 8792 | | 35 | 56.30 | 66 | 5 |
| 152 | 8464 | | 55 | 56.39 | 97 | 97 |
| 153 | 4882 | | 57 | 56.42 | 88 | 1 |
| 154 | 5622 | | 34 | 56.52 | 83 | 2 |
| 155 | 8291 | | 58 | 56.53 | 75 | 1 |
| 156 | 7654 | | 62 | 56.57 | 109 | 1 |
| 157 | 4602 | | 57 | 57.10 | 33 | 1 |
| 158 | 3657 | | 70 | 57.15 | 86 | 1 |
| 159 | 11543 | | 47 | 57.19 | 1 | 1 |
| 160 | 10027 | | 65 | 57.28 | 41 | 6 |
| 161 | 8944 | | 41 | 57.31 | 34 | 2 |
| 162 | 9637 | | 56 | 57.38 | 23 | 1 |
| 163 | 11384 | | 64 | 57.57 | 3 | 2 |
| 164 | 4795 | | 59 | 57.58 | 104 | 2 |
| 165 | 7004 | | 42 | 58.08 | 13 | 1 |
| 166 | 11421 | | 56 | 58.14 | 4 | 4 |
| 167 | 11391 | | 22 | 58.26 | 4 | 4 |
| 168 | 10825 | | 34 | 58.29 | 16 | 7 |
| 169 | 1191 | | 66 | 58.32 | 237 | 2 |
| 170 | 11406 | | 40 | 58.34 | 4 | 4 |
| 171 | 11077 | | 41 | 58.40 | 9 | 1 |
| 172 | 9290 | | 46 | 58.42 | 56 | 2 |
| 173 | 7600 | | 55 | 58.42 | 106 | 10 |
| 174 | 11220 | | 54 | 58.46 | 6 | 1 |
| 175 | 11380 | | 44 | 58.51 | 5 | 5 |
| 176 | 9965 | | 56 | 58.55 | 43 | 3 |
| 177 | 11078 | | 10 | 58.58 | 9 | 1 |
| 178 | 1825 | | 61 | 59.04 | 166 | 15 |
| 179 | 7137 | | 53 | 59.20 | 69 | 1 |
| 180 | 7897 | | 64 | 59.39 | 80 | 7 |

*** 10km ***

| 順位 | NO | 氏名 | 年齢 | タイム | 通算 | 連続 |
|-----|-------|----|----|-------|-----|-----|
| 181 | 11124 | | 44 | 59.47 | 6 | 1 |
| 182 | 9848 | | 41 | 60.04 | 9 | 2 |
| 183 | 11045 | | 57 | 60.05 | 8 | 2 |
| 184 | 10837 | | 64 | 60.20 | 17 | 17 |
| 185 | 9902 | | 65 | 60.32 | 23 | 4 |
| 186 | 9359 | | 61 | 60.52 | 68 | 68 |
| 187 | 6314 | | 59 | 60.56 | 56 | 1 |
| 188 | 11493 | | 47 | 61.02 | 2 | 2 |
| 189 | 10879 | | 68 | 61.23 | 5 | 2 |
| 190 | 1330 | | 61 | 61.38 | 190 | 4 |
| 191 | 11519 | | 47 | 61.41 | 2 | 2 |
| 192 | 7214 | | 62 | 61.48 | 50 | 2 |
| 193 | 11515 | | 63 | 61.58 | 2 | 2 |
| 194 | 8920 | | 57 | 62.14 | 55 | 2 |
| 195 | 7696 | | 48 | 62.21 | 94 | 1 |
| 196 | 10420 | | 61 | 62.30 | 25 | 2 |
| 197 | 8005 | | 62 | 62.42 | 71 | 2 |
| 198 | 10592 | | 48 | 63.11 | 17 | 2 |
| 199 | 6916 | | 45 | 63.13 | 61 | 2 |
| 200 | 10898 | | 59 | 63.16 | 13 | 2 |
| 201 | 10914 | | 38 | 63.53 | 6 | 1 |
| 202 | 11528 | | 46 | 64.35 | 1 | 1 |
| 203 | 3446 | | 64 | 64.40 | 191 | 13 |
| 204 | 4904 | | 59 | 65.01 | 164 | 57 |
| 205 | 7893 | | 48 | 65.08 | 110 | 110 |
| 206 | 8163 | | 60 | 65.25 | 104 | 104 |
| 207 | 11070 | | 28 | 65.58 | 2 | 1 |
| 208 | 9380 | | 54 | 66.05 | 67 | 67 |
| 209 | 11232 | | 49 | 66.52 | 8 | 8 |
| 210 | 11234 | | 63 | 67.00 | 8 | 8 |
| 211 | 7072 | | 59 | | | |